



Subject: PE

Subject Leader: Sophie Heron

Concepts / Themes / Big Questions

How is content organised?

There is one threshold concept in PE:

- Develop practical skills in order to participate, compete and lead a healthy lifestyle.

This concept involves learning a range of physical movements and sporting techniques. Fundamental movement skills development is at the core of all PE across all milestones.



FUNDAMENTAL MOVEMENT SKILLS
Stability
Balancing on one leg
Walking the beam
Rolling
Locomotion
Running
Jumping for height
Jumping for distance
Hopping
Galloping
Skipping
Dodging
Object Control
Rolling a ball
Underarm throwing
Overarm throwing
Catching
Kicking
Bouncing a ball (dribbling)
Dribbling with feet
Striking a ball

The following disciplines are taught in a progressive way across all milestones;

- Games • Gymnastics • Dance • Swimming • Athletics (KS2) • Outdoor and adventurous activities (KS2)

NC / Other Links

[PE National Curriculum](#)

Cultural Capital

- Playtime games focus to begin year
- Promoting diverse range of disciplines including Boccia, Zumba
- Olympic Week for Paris 2024
- Opportunities to demonstrate being a good citizen through leadership in sports clubs, coaching
- Play leaders at breaks
- Co-operation, etiquette, team-work, fair-play, values all promoted

Enrichment: People, Locality and County

- Emma Daley—weekly Outdoor Learning
- Regular links with local community sports groups e.g. Shap Bowls Club
- Orienteering with specialist Alan Hartley
- Lucy Potter—sports coach 2022-23
- Dodgeball UK (Ben Hoyle) - Spring 2023
- Zumba (Nicola Gale) - Autumn 2022
- Action Ants Festivals - 2022-23
- Attendance at inter-school competitions e.g. Cross Country, Tennis, Cricket
- SEND bowling competition—Autumn '23

Enrichment: Resources

Chris Quigley Curriculum Companion

In 2022-23, we will be using some Sports premium funding to ensure our progressive curriculum is organized and well-resourced for all ages and abilities. This will include balls (range of sizes and materials), cones, hoops, quoits, skittles, boccia balls.

Links to Christian Vision and Values

Friendship Trust, Peace, Koinonia, Compassion, Creation

PE provides many opportunities for personal development such as self-control, cooperation and individual responsibility. The “personal and social” element of our PE curriculum strongly supports our values of friendship, trust and compassion as it teaches children to listen to others and play cooperatively, solve disputes through negotiation and compromise, win and lose with dignity, encourage and praise others, demonstrate empathy and compassion. Opportunities to work effectively within a team and respect others demonstrates koinonia.

Links to other Subjects

EYFS—Music and Movement
 English—active storytelling
 Maths—active times tables, outdoor learning opportunities
 History / Geography—Outdoor learning links, village walks (LKS2)

Links to SDP and School Priorities

SDP5: To construct an ambitious PE curriculum that is coherently planned and sequenced from EYFS to Y6
 SDP1: Focus with children on ‘being fair’ in their behaviour (class contracts), and make links with broader community / globally.
 SDP2: Develop children’s aspirations through inspiring visitors sharing experiences / careers.
 SDP4: To refine assessment procedures

Assessment / Proof of Progress

How?

Videos to capture progress

When?

Half termly

What do you do as a result of this?

Recommend any children not meeting expectations for interventions such as Smartmoves.

Monitoring Procedures

Termly meetings with Fran Parkinson (Link Governor)

Monitoring to take place every half term covering pupil voice, learning walks, book scrutinies.

Main Subject Action Areas

- Develop assessment procedures
- To develop systematic PE monitoring to include pupil voice, book scrutiny and learning walks

