



Shap Endowed CE Primary School
PE Long Term Curriculum Plan
2023-24

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Catbells N/R	Games: Target (Basic) - Fair and Square - Python - Beanbag Bocce Tag: Mr Wolf	Christmas Dance (see Basic skills from "Based on a book")	Dance (Basic) - Superheroes	Gymnastics (Basic) - Simple Sequence - Vault - Apparatus	Games: Striking and Fielding (Basic) - Give me Five - All together now - Plank and Weave Games: Net and Wall (Basic) - Racket Fun - On the Spot - Throwing tennis	Games: Invasion (Basic) - Triangle Passing - Two on one - Dribble and Score
Kidsty Pike Y1/2	Games: Target (Advancing/Deep) - Fair and Square - Python - Beanbag Bocce Tag: Mr Wolf	Dance - Based on a Book - Mystery Dance	Gymnastics (Advancing/Deep) - Simple Sequence - Vault - Apparatus	Dance (Advancing / Deep) - Superheroes	Games: Striking and Fielding (Advancing/Deep) - Give me Five - All together now - Plank and Weave Games: Net and Wall (Advancing/Deep) - Racket Fun - On the Spot - Throwing tennis	Games: Invasion (Advancing/Deep) - Triangle Passing - Two on one - Dribble and Score Swimming (2 weeks)
Blencathra Y3/4	Games : Target - Throw Golf - Corner Bowls - Bombardment Games : Tag Shark Tag Games: Striking and Fielding - Quick Pick Up - Safe or Sorry - Round the Square	Dance - Traditional folk Christmas Panto	Dance - Based on a Picture - Mystery dance UDance (alternate years)	Gymnastics - Partner Sequence - Vault - Apparatus	Games: Net and Wall - Pick up the Trash - Keep it Going 3v3 Volleyball Games: Invasion - End Zone - Too many goals - Go to Jail	Athletics - Take 5 Jumps - Throwing - 9.58 seconds Swimming (2 weeks)

<p style="text-align: center;">Helvellyn Y5/6</p>	<p>Games: Target</p> <ul style="list-style-type: none"> - Boccia - Koolchee - Target Challenge <p>Games: Tag</p> <p>Peg Tag</p> <p>Games: Striking and Fielding</p> <ul style="list-style-type: none"> - Continuous Cricket - Mini Tee Ball - Face the Bowler 	<p>Dance</p> <ul style="list-style-type: none"> - From different eras <p>Christmas Panto</p>	<p>Gymnastics</p> <ul style="list-style-type: none"> - Rhythmic Gymnastics - Vault - Partner and Group Balances 	<p>Dance</p> <ul style="list-style-type: none"> - Based on traditional - Mystery 	<p>Games: Net and Wall</p> <ul style="list-style-type: none"> - Seated Volleyball - In the Zone - Rebound Ball <p>Games: Invasion</p> <ul style="list-style-type: none"> - Kabaddi - Outlet Pass - Ultimate frisbee 	<p>Athletics</p> <ul style="list-style-type: none"> - Running - Throwing - Long and Triple Jump <p>Swimming (2 weeks)</p>
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